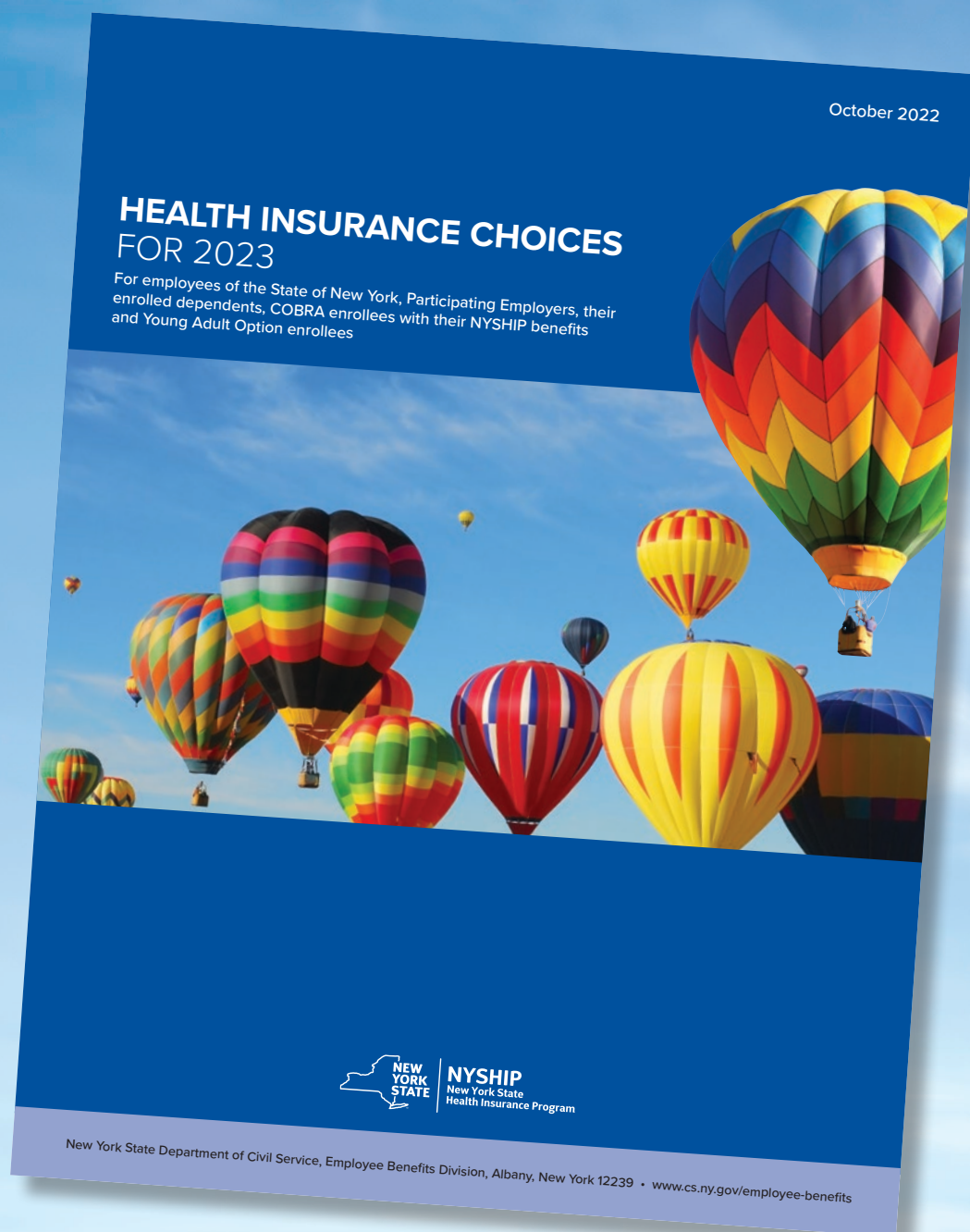


ARRIVING THIS FALL



Watch Your Mailbox:

2023 option transfer information, deadlines and health insurance premium rates will be arriving soon.

This information will also be posted on NYSHIP Online at www.cs.ny.gov/employee-benefits.

Health Insurance Choices for 2023 explains the Option Transfer Period and the benefit plans and programs available under NYSHIP for the upcoming year, including the Opt-out Program* and the Pre-Tax Contribution Program.

Ask your Health Benefits Administrator for a copy of the *Choices* booklet, or view it on NYSHIP Online.

Important Information & Dates:

November 1 – December 12, 2022 • Productivity Enhancement Program (PEP)*

For eligible New York State employees who are Management/Confidential or represented by CSEA, DC-37, PEF or UUP; Legislature and Unified Court System (UCS)

November 1 – December 12, 2022 • Flex Spending Account (FSA)

For eligible employees of the State of New York Executive Branch who are Management/Confidential or represented by CSEA, Council 82, DC-37, NYSCOPBA, PBA, PBANYS, PEF, PIA or UUP; Legislature and UCS

Reminders: The Pre-Tax Contribution Program Election Period and the Option Transfer Period now run concurrently. Check the *NYSHIP Rates & Deadlines for 2023* flyer for dates.

** Ask your Health Benefits Administrator if you are eligible for these programs.*

