## Feel Good Fridays

BACK BY
POPULAR
DEMAND!

September 15th 22nd and 29th, October 13th and 20th,

November 3<sup>rd</sup> 10<sup>th</sup> and 17<sup>th</sup> and December 1<sup>st</sup> and 8<sup>th</sup>

## Free Therapeutic Massage!

Sign up REQUIRED



**Students only** 

Wellness Center Campus Center, Suite 217

Fridays from 11:00am-4:00pm

Call (315)792-7172

Massages by Catherine Cooney, LMT, RN, BSN