

Message from the Office of Environmental Health and Safety

March 19, 2020

To Students, Faculty, Staff and On-Site Partners,

SUNY Poly continues to monitor and take preventive measures (e.g., social distancing, density reduction) against the coronavirus (COVID-19) with guidance from health experts at the [Centers for Disease Control \(CDC\)](#), as well as our [local NYS County Health Departments](#) and other state agencies. Please do your part to protect yourself, others and [slow the spread of COVID-19](#):

- Wash your hands often with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing
- Avoid touching your eyes, nose, mouth and face with unwashed hands
- Practice social distancing such as maintaining distance (approximately 6 feet) from others when possible and remaining out of crowded settings
- Stay home if you are sick, except to get medical care
- Avoid close contact with people who are sick
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow, then immediately wash your hands
- Clean and disinfect frequently touched objects and surfaces
- Listen to and follow your company, [SUNY Poly](#), [CDC](#), and [local NYS County Health Department](#) information (e.g., Coronavirus (COVID-19))