

## MVILR 2017 FALL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13	9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14	9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15	9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16	9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17
<b>9:20</b>	STAY YOUNG STRONG BONES	GETTING TO KNOW REFUGEES 4(1)	EXPLORE THE WORLD OF PASTELS 4(1)	TEAM BUILDING IN SUPPORT OF LIFELONG WELLNESS 6(2) 9:30 a.m.	REVOCABLE & IRREVOCABLE TRUSTS
		RHYTHM & BLUES CHART TOPPERS OF EARLY 1950s	THE FIVE BOOKS OF MOSES—MODERN APPROACHING 4(2)		CONVERSATIONAL SPANISH
			THE DESTRUCTION OF THE THIRD REICH		THE HISTORY OF WHISKEY IN AMERICA 4(1)
			THE VICTORIAN WOMAN		WHAT CAN I DO WITH ALL MY PHOTOGRAPHS? 4(2)
<b>10:40</b>	CARD MAKING 4(1)	MEDITATION 4(1)	TRY CURLING 3 WEEKS 10/11;10/18;10/25 10:00 a.m.	VERDI: A LIFE IN FOUR OPERAS 4(1)	MOVIE LOVERS GROUP
	UNIQUE PAPER-FOLDED BOX 4(2)	BOOK TALK 4(1)	FINDING YOUR PATH TO LONGEVITY & WELLNESS 4 weeks Class begins on 10/4	THE AMERICAN REVOLUTION 4(1)	DIGITAL MEMORIES
	MUTUAL FUND INVESTING 4(1)	L.G.B.T.Q.+++ 4(2)	LOCAL ENTREPRENEURS 4(1)	THE BIG BANG 4(2)	
	THE CONFEDERATION 4(2)		THE KING OF INSTRUMENTS		
			THE VICTORIAN HOME		
			THE HEART IN HEALTH & DISEASE 4(1)		
		TECHNOLOGY APPOINTMENTS 4(2) NOON			

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<b>12:40</b>	EASY PARTY DANCES 4(1)	WATER WATER EVERYWHERE 4(1)	WEEKLY NEWS REVIEW	BASIC COMPUTER SKILLS	MARITIME TRAGEDIES 4(1)
	EASY PARTY DANCES 4(2)	APPRECIATING CLASSICAL MUSIC 4(2)		KILLING REAGAN 4(1)	GLOBAL WARMING & CHANGING CLIMATES
	SCIENCE TIMES	MORE THAN SHERLOCK: THE MYSTERIES OF PBS		INTRODUCTION TO POETRY (EXPANDED VERSION)	
	SPIRITUAL PRACTICES	NEWS, VIEWS & YOU		ILLUSTRATIVE WRITING 4(2)	
		STEP-BY-STEP ACRYLIC LANDSCAPE PAINTING		ZUMBA GOLD TONING 4(2)	
<b>MAH JONGG COME AND PLAY 12:00 noon</b>					
<b>2:00</b>	COLD WAR ESPIONAGE	OPERA-TUNITIES FOR YOU	JOINT STABILITY & MOBILITY/CHAIR 4(1)	MAH JONGG LEARN TO PLAY	PEOPLE'S LAW
			HARMONIZING YOUR HOME 4(1)	MODERNITY & ROBERT FROST 4(1)	THE GHOST IN THE MOVIES
			GENTLE YOGA 4(2)	ECUADOR, QUITO, THE AMAZON, GALAPAGOS 4(2)	
			SOUL MAPS 4(2)	INTRODUCTION TO CLOCK REPAIR	
			TWILIGHT ZONE		
	THE UTICA ZOO 2:30 PM	AQUATIC WELLNESS (SITRIN) 2:30 PM	FRIENDSHIP AND DINING 5:30 PM	CPR & AED TRAINING 10/12/17 3:00—6:00	PICKLEBALL (JCC) 2:30 PM